



July 22, 2024

****MEDIA ALERT / EVENT LISTING****

AREA AGENCY ON AGING FOR SWFL HOSTS ANNUAL PUBLIC MEETING

WHAT: On Monday, August 26, 2024, [Area Agency on Aging for Southwest Florida](#) (AAASWFL) will host its annual public meeting to propose direct services under the Older Americans Act. Services include:

- education/training intake
- technology assistance
- transportation
- caregiver training/support group
- tailored caregiver assessment and referral
- health and wellness workshops
 - A Matter of Balance
 - Chronic Disease Self-Management Program (Living Healthy)
 - Powerful Tools for Caregivers
 - Savvy Caregiver
 - Arthritis Foundation Exercise Program
 - Arthritis Foundation Tai Chi
 - Walk With Ease
 - Tai Ji Quan: Moving for Better Balance

WHEN: Monday, August 26, 2024

9:00 a.m.

WHERE: Attend the meeting in person:
Area Agency on Aging for Southwest Florida (Main Conference Room)
2830 Winkler Avenue, Suite 112, Fort Myers, FL 33916

Or online: [Microsoft Teams Meeting](#)
ID: 254 219 933 312 Passcode: wtDDvd

WHO: Open to the public

About Area Agency on Aging for Southwest Florida:

Area Agency on Aging for Southwest Florida is a nonprofit organization serving Charlotte, Collier, DeSoto, Glades, Hendry, Lee and Sarasota counties. AAASWFL is the state's designated Aging and Disability Resource Center for Southwest Florida. The organization is committed to connecting older adults and adults with disabilities to resources and assistance for living safely with independence and dignity. More information is available at <https://www.aaaswfl.org> or by calling the toll-free Helpline at 866-41-ELDER.