

# Free 6-Week Family Caregiver Training



## Savvy Caregiver Program

January 12 - February 16  
Thursdays 2:00 p.m. - 4:00 p.m.

### For People Who Care for Someone with a Dementia-related Illness

The Savvy Caregiver Program is an evidence-based training provided over a six-week period for people who care for someone with dementia-related illnesses. Participants will gain:

- Personal knowledge, skills & caregiving perspective
- Skills to access abilities of their person with dementia
- Confidence to set and alter caregiver goals
- Strategies to manage activities of daily living

**CLASS SIZE IS LIMITED. REGISTER TODAY!**

**Call (239) 652-6914**