

**Health and Wellness**

**Volunteer Instructor Application**

# Date: Date of Birth (DOB)

**Name:**

**Address:**

**Phone:**   **E-mail:**

**Best way to contact me: Phone Email Text**

**Emergency Contact Name:**

**Phone:**

**Gender: female male**

**What is your race? (Mark all that apply)** American Indian or Alaskan Native

Asian or Asian American Black or African American

Hawaiian Native or Pacific Islander White or Caucasian

**Are you of Hispanic, Latino, or Spanish origin?** Yes

No

Unknown

**Age group:** Less than 50 yrs. 50 – 54 yrs. 55 – 59 yrs.

60 – 64 yrs. 65 – 69 yrs. 70 – 74 yrs.

75 – 79 yrs. 80 – 85 yrs. Over 85 yrs.

**Education:**

Some high school High school graduate

## Some college or vocational school College graduate

Some graduate school Graduate school

**Occupation or life experience**:

**Hobbies and activities enjoyed:**

**Other volunteer experiences:**

**Do you speak more than one language? Yes No**

**If yes, what language(s):**

**Do you have transportation? Yes No**

**How did you hear about our Health and Wellness programs?**

Flyer Newspaper Word of mouth Presentation Social Media

Other\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**Which program(s) are you interested in teaching?**

**Why are you interested in becoming a volunteer coach/instructor?**

**My Basic Availability:**

I would be available for sessions held:

Monday Tuesday Wednesday Thursday Friday

Best time of day:

Mornings Afternoons

Not sure - please call me when you are scheduling a class

The best location for me is:

Lee County Charlotte County Collier County

Hendry County Glades County Desoto County

Sarasota County Specific Area: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Virtually available for all counties

I understand that if I am selected to volunteer, my assignment will be contingent upon a background check

**\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Signature Date**