**How to Prepare for a SHINE Counseling Session**

**Please review the list below which will help you prepare for your SHINE counseling session:**

* Create or Update your Medicare.gov account (visit Medicare.gov)
* Current prescription drug list with dosage, frequency, and quantity
* Your Medicare information (Red, White, & Blue Medicare card, Part A/B effective dates)
* If applicable, name of your Medicare Advantage Plan (does it include Part D coverage?)