

Take Safety To Heart



Positive Aging Symposium

The Cultural Center

2280 Aaron Street, Port Charlotte

Thursday, February 14, 2019

8:30 AM - 2:00 PM

- Stop the Bleed
- Hands-Only CPR
- Balance & Fall Prevention
- Red Dot
- Project Lifesaver
- Identity Theft and Scams

LUNCH INCLUDED

Lunch sponsored by: Bayfront Health, as well as Charlotte Memorial, Comfort Keepers, Solaris Healthcare, and Tidewell Hospice

This event will teach you how to perform hands-only CPR, how to take care of a bleeding situation until help arrives, as well as other tips for in-home safety to protect yourself and the ones you love. CarFit checks will also be available to improve driver safety.

Cost to attend is \$5. To register, call The Cultural Center at 941-625-4175.



Bayfront Health



Tidewell HOSPICE



alzheimer's association



Comfort Keepers
a sodexo brand